

SINGAPORE CHEE HOON KOG MORAL PROMOTION SOCIETY

Registered with the Registry of Societies on 25 March 1982, No. 273/81

Registered with the Registry of Charities on 23 May 1991, No. 0811

UEN: S82SS0013J



ANNUAL REPORT 2022

No. 1 JALAN BILAL (off Bedok Road)
SINGAPORE 468854
TELEPHONE: 6441 0619
FAX: 6443 6445

TABLE OF CONTENTS

ABOUT US

OVERVIEW OF THE CHARITY - CHKMPS **4**

Our Objectives, Vision, Mission & Core Values **4**

CHKMPS Organisation Chart **5**

LEADERSHIP

The Governing Board **6**

HIGHLIGHTS OF THE YEAR

Board Meetings **7 - 8**

Financial Management and Internal Control: **9 - 10**

- Banker and Auditor
- Reserve Position and Policy
- Financial Matters Review
- Conflict of Interest Policy
- Risk Management
- Whistle-blowing Policy

OUR WORK : CHARITY PROGRAMMES AND ACTIVITIES **11-27**

Welfare Projects and Services of CHKMPS Subsidiaries:

- Moral Home for the Aged Sick
- Banyan Home @ Pelangi Village
- Childcare Centres
- Senior Activity Centres

- Serangoon Moral Family Service Centre
- Serangoon Moral Student Care Centre
- Other Services

OUR WORK : SOCIETY ACTIVITIES **28**

- Lunar New Year
- Celebration of Holy Days
- Transference of Merits
- Other Services

FUTURE PLANS AND COMMITMENTS: THE YEAR AHEAD **29**

ACKNOWLEDGEMENT **30**

ABOUT US

OVERVIEW OF THE CHARITY – CHKMPS

Chee Hoon Kog was founded in 1953. The Society (Singapore Chee Hoon Kog Moral Promotion Society) was registered with the Registry of Societies (Registration Number 273/81) on 25 March 1982 and with the Commissioner of Charities (Charity Registration Number 0811) on 23 May 1991.

OUR OBJECTIVES

To carry out welfare work for the good of mankind, including the rendering of financial assistance and personal support for those who are weak, old, sick or disabled; the promotion of education and the provision of free burial and funeral expense etc.

To promote and cultivate good morals, such as filial piety, compassion, righteousness, brotherliness, loyalty, trustworthiness, propriety, decency, humanity, and wisdom.

To set up Homes for the Aged Sick, Welfare Home for destitute and other charitable institutions.

To establish Childcare Centres, Family Service Centres, Active Aging Centres, Student Care Centre, etc.

OUR VISION

To help all people and give relief to anyone in hardship, disaster or need, without discrimination as to race, color, creed, language or religion.

OUR MISSION

To serve mankind.

OUR CORE VALUES

C – Commitment & Compassion

H – Humanity & Honesty

K – Kindness & Keeping Promises

M – Mutual Respect & Magnanimity

P – Propriety & Perseverance

S – Sincerity & Selflessness

CHEE HOON KOG MORAL PROMOTION SOCIETY (CHKMPS) ORGANISATION CHART



LEADERSHIP

THE GOVERNING BOARD

Election of the new Management Committee for a 2-year term for 2022 / 2023 was held on 15 JULY 2022 and the members elected were:

S/N	APPOINTMENT	NAME
1	Chairman	Er. Ong Ser Huan*
2	Vice Chairman	Mr. Seah Hung Meng
3	Vice Chairman	Ms. Sim Chay Peng Wendy
4	Vice Chairman	Mr. Koh Kee Eng
5	Vice Chairman	Mr. Cher Siak Hung
6	Secretary	Ms. Koh Ah Nah Winnie
7	Assistant Secretary	Ms. Sim Chay Khing Julie
8	Treasurer	Mr. Seah Choon Khee Roger
9	Assistant Treasurer	Ms. Seah Ah Moy Angela
10	Assistant Director Moral Promotion	Mr. Tay Kiam Hong
11	Assistant Director Moral Promotion	Mr. Wang Zhen Xin
12	Director Medical Services	Mr. Seah Choon How Raymond
13	Assistant Director Medical Services	Mr. Kuak How Chua
14	Director Welfare and Relief	Miss Bek May Ling Jennifer
15	Assistant Director Welfare and Relief	Mdm. Ng Lee Hiah
16	Director Public Relations	Mdm. Cher Swee Peng
17	Assistant Director Public Relations	Mdm Yang Lizhuang
18	Director Education Services	Mr. Low Chang Cean Jason
19	Assistant Director Education Services	Mdm. Chan Siok Tiang
20	Chinese Correspondent	Mr. Chang Hean Khoon
21	English Correspondent	Mdm. Low Meow Koon Kristin
22	Auditor	Ms. Yeo Mei Ling Jasmine
23	Assistant Auditor	Mr. Hay Kwang Hui Philip
24	Board Member	Mdm. Lim Yang Ching
25	Board Member	Mdm. Tay Chor Hoon
26	Board Member	Mdm. Low Hwee Beng
27	Board Member	Mdm. Loo Yang Lang
28	Board Member	Mr. Chan Cheow Mok
29	Board Member	Mr. Ng Thit Hung
30	Board Member	Mdm. Ng Ah Tin Angiel
31	Board Member	Mdm. Goh Yeow Cheng

* This person also holding Board membership in other charities - Board Member, Ang Mo Kio-THK Hospital, THK Moral Charities and THK Nursing Home Ltd. • Vice-Chairman, THK Moral Society

Note: Greyed portion are the EXCO Members.

HIGHLIGHTS OF THE YEAR

BOARD MEETINGS

There were 9 Meetings held for FY2021 and the members who attended were as follows:

S/N	Name	10 Apr SGM	08 May EXCO	22 May EXCO	05 Jun AGM	12 Jun EXCO	19 Jun EXCO	07 Jul EXCO	15 Jul EXCO	02 Sep EXCO
1	Er. Ong Ser Huan*	√	√	√	√	√	√	√	√	√
2	Mr. Seah Hung Meng	√	√	√	√	√	√	√	√	√
3	Ms. Sim Chay Peng Wendy	√	√	√	√	√	√			√
4	Mr. Koh Kee Eng	√	√	√	√	√	√			√
5	Mr. Cher Siak Hung									
6	Ms. Koh Ah Nah Winnie	√			√				√	√
7	Ms. Sim Chay Khing Julie	√	√	√	√	√	√			√
8	Mr. Seah Choon Khee Roger	√		√	√	√	√	√	√	√
9	Ms. Seah Ah Moy Angela									
10	Mr. Tay Kiam Hong				√					
11	Mr. Wang Zhen Xin				√					
12	Mr. Seah Choon How Raymond	√		√	√	√	√	√	√	√
13	Mr. Kuak How Chua				√					

S/N	Name	10 Apr SGM	08 May EXCO	22 May EXCO	05 Jun AGM	12 Jun EXCO	19 Jun EXCO	07 Jul EXCO	15 Jul EXCO	02 Sep EXCO
14	Miss Bek May Ling Jennifer	√	√	√	√	√	√	√	√	√
15	Mdm. Ng Lee Hiah	√			√					
16	Mdm. Cher Swee Peng	√	√	√	√	√	√	√	√	
17	Mdm Yang Lizhuang	√			√					
18	Mr. Low Chang Cean Jason							√	√	
19	Mdm. Chan Siok Tiang									
20	Mr. Chang Hean Khoon									
21	Mdm. Low Meow Koon Kristin									
22	Ms. Yeo Mei Ling Jasmine	√								
23	Mr. Hay Kwang Hui Philip									
24	Mdm. Lim Yang Ching				√					
25	Mdm. Tay Chor Hoon				√					
26	Mdm. Low Hwee Beng	√								
27	Mdm. Loo Yang Lang	√			√					
28	Mr. Chan Cheow Mok				√					
29	Mr. Ng Thit Hung									
30	Mdm. Ng Ah Tin Angiel				√					
31	Mdm. Goh Yeow Cheng				√					

Note: Greyed portion are the EXCO Members.

FINANCIAL MANAGEMENT AND INTERNAL CONTROL

A. Banker & Auditor:

1) Banker: Development Bank of Singapore Ltd.
Shenton Way Branch
8 Shenton way
DBS Building
Singapore 068809

2) Auditor: SIN ASSURANCE PAC.
101 Upper Cross Street
#05-18
People's Park Centre
Singapore 058357

B. Reserve Position and Policy

The reserves of the CHKMPS provide financial stability and the means to develop the charity's activities. CHKMPS intends to maintain the reserves at a level sufficient for its operating and long-term charitable needs. The Board reviews the level of reserves regularly for CHKMPS's continuing obligations.

The objective of CHKMPS's reserve management is to maintain strong and healthy capital ratios in support of its operations.

CHKMPS's aims to maintain sufficient level of accumulated funds to meet three years of its budgeted operating expenditure. CHKMPS regularly reviews and manages its reserves to ensure optimal capital structure, taking into consideration the future capital requirements of CHKMPS's projected operating cash flows.

The reserves amount as at 31 December 2022 was \$9,456,944, the ratio of reserves to annual operating expenditure was 4.84.

Reserve Position (Exclude restricted funds)	Current Year Accumulated Fund	Previous Year Accumulated Fund	% Increase/ (Decrease)
Reserves Amount	\$9,456,944	\$9,569,299	-1.17
Amount for Operating Expenditure	\$1,954,869	\$1,878,493	4.07
Ratio of Reserves to amount for Operating Expenditure	4.84	5.09	

C. Financial Matters Review

The FY2021 audited financial statements of the CHKMPS incorporated the results of Headquarters, Banyan Home@ Pelangi Village, Moral Child Development Centre, CHK Child Care Centre, Serangoon Moral Student Care Centre, Redhill Senior Activity Centre and Moral Seniors Activity Centre (Kaki Bukit). Moral Home for the Aged Sick Limited and Serangoon Moral Family Service Centre's audited financial statement were separately reported and submitted to the respective authorities and agencies.

Board members serve on a voluntary basis and receive no remuneration for their services. No paid staff serves on the Board.

The three highest paid staff in **CHKMPS** who each received total annual remuneration exceeding \$100,000 in bands of \$100,000 in FY2022 are as follows:

Total annual remuneration	No of staff
\$100,000 - \$200,000	3

D. Conflict of Interest Policy

All Board members and staff are required to comply with CHKMPS's Conflict of Interest policy.

The Board has put in place documented procedures for Board members and staff to declare actual or potential conflicts of interests upon appointment, annually and on a need-to basis.

Board members are to abstain from decision-making on matters where they have a conflict of interest.

E. RISK Management

CHKMPS strives to uphold the value of trust expected from all stakeholders. By constantly looking out for areas with high-risk exposures and areas which require improvement, CHKMPS embraces a holistic approach to Enterprise Risk Management (ERM) which acts as a key enabler to the success of the charity in delivering its service safely, effectively, and efficiently. Regular monitoring, systematic and periodic review of risk exposures underline the key focus of the CHKMPS's risk management effort and approach.

F. Whistle-blowing Policy

CHKMPS has a whistle blowing policy to address concerns about possible wrongdoing or improprieties in financial or other matters within CHKMPS.

OUR WORK : CHARITY PROGRAMME AND ACTIVITIES

WELFARE PROJECTS AND SERVICES OF CHKMPS SUBSIDIARIES

1. MORAL HOME FOR THE AGED SICK @ No. 1 Jalan Bilal (Off Bedok Road)

Background:

The Moral Home for The Aged Sick was set up by Chee Hoon Kog Moral Promotion Society in 1986 as a community service to look after the aged and chronic sick in Singapore. The original Home was declared opened on 11 September 1988 by then Minister for Community Development and 2nd Minister for Foreign Affairs, Mr Wong Kan Seng.

The original Moral Home of the Aged Sick was a renovated old Community Children Clinic Centre. Because of its structural and building constraints, it could only take in 26 residents. From the day of its opening, the Home was filled to its maximum capacity. Thus, in 1988, the Home applied to the Government for an adjoining piece of vacant land to embark upon the building of the new Home. The first phase of this new Home was completed on 17 July 1994 and only male residents were admitted. The second phase was completed in October 1995, adding the necessary facilities to admit female residents. The project cost was about \$8 million. The Home take in 120 full-time male and female residents now and is often filled to capacity.

The Home provides up-to-date facilities such as call-bell emergency system for every resident, physiotherapy services, counselling services, day-to-day living requirements such as the open dining hall, pantry services, and full nursing care services. Apart from these, the Home also organises entertainment and outings for the residents. Voluntary groups from grassroots organisations, schools and religious organizations, corporations, and foundations, visit the Home and also bring the residents to various functions.

Moral Home for The Aged Sick is a charity run home, and it accept non-paying residents recommended by either the Ministry of Culture, Community & Youth (MCCY) or the Ministry of Health (MOH). As from 1 July 2012, the Home converted to a MOH funded nursing home and residents have to undergo means-testing to determine the amount of subsidy he/she qualifies.

The Patron of the Home is Mr Abdullah Tarmugi, the former MP of East Coast GRC and Speaker of Parliament while the Honorary Chairman is Mr Ch'ng Jit Koon, the former Senior Minister of State, MCD.

Review of Year 2022

With MOH and AIC the board of directors support the home embarks on the additional and alteration expansion to increase the bed capacity from 120 to 235 to cater for our aging population.

The Home completion was targeted to be in 2022, however, due to Covid-19 restrictions and other construction issues, the completion will be in 2023.

As at 31st December 2022, the occupancy of the home was 111 residents, made up of 59 males and 52 females.

Volunteers from Youth Corps Singapore volunteered virtually every Saturday since COVID-19 under their YOLDEN Programme to interact with residents and assist in the physio/chair exercises as well as befriend residents.

Partnered and collaborated with AIC, SIA, SUSS, ITE College East, Changi General Hospital, PCF Preschool and many other donors to run various programs and initiatives for the residents

This Year in 2022, MH has undergone rapid advancement in terms of connecting tech with patient care for our residents. As a result of the pandemic, we emerged stronger and better so did our residents. They became more tech-savvy and found great joy in experiencing them.

Two Temi Robots arrived at Moral Home on 16.11.2022. It was eye-opening for our staff how Geri-technology is making waves in Nursing Homes. This is an inaugural partnership project with SUSS gerontology program funded by Ngee An Kongsi



The Home also had various Covid-19 surveillance testing and vaccination programme for both residents and staff in compliance with MOH regulations. The Home also had to deal with a Covid infection among its resident and staff in 2022.

2. BANYANG HOME @ Pelangi Village

Chee Hoon Kog Moral Promotion Society was appointed by the then MCDS (Ministry for Community Development & Sports, renamed now as MSF or Ministry of Social & Family Development) as the Managing Agent to run Banyan Home at 12, Buangkok Green as from June 2002. The Home, an oasis for the mentally-ill, was officially opened on 27 September 2003 by Dr Yaacob Ibrahim, then Minister for MCDS. The residents, all male destitute are admitted under Para 3 or 5 of the Destitute Persons Act, 1989.

As at 31 December 2022, the Home had a staff of 52, comprising 23 local and 29 non-local nationals caring for 178 residents.

Mission of the Home

Without proper medical intervention, people succumbing to any form of psychiatric illness will face difficulty in conducting their daily routine activities and relating to others. Their mental disturbance will impair how they think, feel and behave. As a result, it would impact the lives of their family members, friends, colleagues and friends. Although about one in seven Singaporeans have experienced a mood or anxiety disorder at some point of their lives, persons with mental illness still are being stigmatized and discriminated.

In a nutshell, the Mission of the Home is to look after the residents with the view to eventually reintegrate them with the community.

Programs

The residents are provided with the following:

Round-the-clock residential care to ensure that they have nutritious meals, proper accommodation, adequately clothed and kept themselves clean.

Daily medication and nursing care to stabilise as well as to improve their psychiatric condition.

Adequate daily exercises using the Gym Tonic Exercise Regime and other indoor as well as outdoor physical activities to ensure that they improve or maintain their ADL (Activities-in-Daily-Living).

Recreational and creative activities such as pottery art, handicrafts, karaoke, film shows, birthday celebrations, food and festive outings, etc. are organized to enrich their time in the Home.

Individualized Care Planning (ICP) tailored to each resident's profile is drawn up to maximize their potential through various rehabilitative modules enabling them to live a meaningful life and/or to prepare them for the eventual reintegration with the community.

2022 Occurrences

COVID-19 Pandemic

Following the first in home COVID-19 Outbreak in Oct 2021, the Home succumbed to two other outbreaks in Feb/Mar 2022 and 15 to 30 Oct 2022 respectively. Nevertheless, with experiences learnt through the baptism of fire in the various Outbreaks, the Home had developed an evolving SOP to fight the Pandemic. Upon the Outbreak, the Home sprang immediately into the lock-down mode to break the chain of transmission. The meals and medication were served to the residents at the respective Levels while to keep their spirits up, they were treated, by rotation, hawker food bought from nearby food centres. All infected staff and residents in both Outbreaks had fully recovered. While the split shift and zoning system had stretched the staff as well as the residents, resilience and esprit de corps were built through the process of joint sufferings. Innovative ways such as the conduct of Huddle, Meetings, learning etc. via the various virtual platforms had been fully developed. Though Singapore was now thriving in the endemic phase of the menace, a New Normal, which the Home had adapted to, had set in whereby work processes and routine were permanently transformed. Wearing of face masks, keeping social distance, and maintaining personal hygiene etc. would be a perpetual practice in the Home.

Addressing the Declining Resident Muster. Almost 60% of the residents had some form of chronic diseases, which left unchecked, would cause their health conditions to deteriorate to the extent that they have to be transferred to the respective Nursing Homes. The Home has started several years ago to explore strategies addressing the issue and had embarked on two: first, to reduce attrition by maintaining or at least delaying the physical decline of our residents; and secondly, to increase staff productivity in saving manpower cost.

Reducing Attrition. Back in Jul 2016, the Home had secured a \$194,000 Grant from the Lien Foundation to install a Gym Tonic Exercise System that was specially developed in Finland for the elderly to exercise. Almost all residents had been enrolled in the Gym Tonic Program and their workouts were scheduled while their progress was digitally captured by the system for analysis. About 10% of the frailer residents were placed under a separate exercise regime supervised by the physiotherapist.

Boosting Productivity. The Home realized that technological innovation would be key to enhance staff productivity and went on to secure a NCSS Tech Booster Grant of \$240,000 in Aug 2020 to implement five projects that would use sensors, robots and other technologies to improve and streamline work flows. All the projects have been implemented and are now in the final evaluation stage.

Achievements.

SG Clean Award. Banyan was awarded the SG Clean Standard by NEA (National Environment Agency) on 8 Feb 2022.

Staff Long Service Award. Nine staff were presented with the Long Service Award by CHKMPS on 10 Sep 2022. Three, two and four had served 15, ten and five years

Low incidence of violent behavior. MSF had indicated to the Home on 22 Sep 2022 that Banyan was found to have a lower number of assault cases in a 5-year analysis of incident occurrences in all the Welfare Homes. A critical factor that had probably contributed to the harmonious environment in Banyan was the visionary and supportive Management Committee (MC) which had been steering the Home consistently for more than 15 years. Besides providing broad policy guidelines and stepping in at the right time, the MC never micro-manage. Their hand-off approach was cascaded down to all levels and this had allowed every staff to exercise initiative in realizing the common Vision for the Home.

Renewal of Banyan Home Management Committee (MC). The current 2-Year Term of the Banyan MC had expired on 1 Mar 2022. As the present MC had worked well in steering the Home, especially over the past two tumultuous COVID-19 Pandemic years, Mr Robert Tock, Chairman of Banyan Home, recommended and approved by CHK HQ that the present team would remain for another term commencing from 1 Aug 2022 to 31 Mar 2024 except for a change of the Hon Treasurer to Mr Chan Hiap Kong as Mr Jason Low had served the maximum of two consecutive terms.

MSF Audit. MSF informed the Home that In-Corp Business Advisory Pte Ltd had been appointed to conduct the Financial Audit for all the Welfare Homes in FY 2022. The Audit Team from In-Corp had conducted the Audit at Banyan Home from 1 to 14 Dec 2022.

3. CHILDCARE CENTRES

As part of community service and to serve the community better, CHKMPS set up two Childcare Centres for working parents to leave their children with us while they are at work. These Centres provide a safe and caring environment with a holistic and quality curriculum for their children to learn social and cognitive skills, promote moral values, cultural and development needs. For those who need financial assistance, the centres helped them to apply for subsidised fee.

The two Childcare Centres catered for children with age ranging from 18 months to six years old.

The two Childcare Centres are as follows:

A. Chee Hoon Kog Childcare Centre @ Block 520 Bedok North Avenue 1.

It has a capacity of 112 children and **close to 53% of the children registered with the centre are from low-income families**. Currently, it has 80 children registered with the childcare centre.

In collaboration with ECDA Integrated Childcare Programme (ICCP), selected SSA-run childcare centres will be given Government assistance to set aside 10 places in their existing centres to admit children with developmental needs. CHK Childcare Centre was selected for the ICCP. ICCP Centres need to comply with ECDC's Code of Practice section 2.2.10, which states that "preschool centres can only enrol children diagnosed with special [developmental] needs up to 15% of the Centre's accommodation capacity (excluding the accommodation capacity for infants). The childcare centre directs its operations towards fulfilling these purposes. The childcare centre will engage the developmental children in the same group activities as the child's typically developing peers. The Programme will also cater to the developmental needs and enhancement of the normal childcare curriculum for these children.



B. Moral Child Development Centre (Chee Hoon Kog) @ Block 542 Bedok North Street 3.

It has a capacity of 60 children and **close to 60% of the children registered with the centre are from low-income families**. Currently, it has 48 children registered with the childcare centre.

At Moral Child Development Centre, we encourage children the adoption of recycling to preserve precious primary resources and not generate more waste. Hence, we have garnered the support of parents to cultivate the habit of recycling with our children. Every third Monday of the month is MCDC Recycling Day. Children are encouraged to bring recyclable items such as paper, plastic and metal to school. Teachers and children will drop the clean recyclables into the communal blue bins in our neighbourhood.

Therefore, in 2022, centre embarked into SSDB project on Recycling & Zero Waste. Children designed creative recycling crafts. They converted the 'waste' to toys, mobile bottle caps, stationeries can holders, cute coin purses, handbags, vases etc. Centre had collaborated with NEA (National Environment Agency). The children had the opportunity to watch a Virtual Talk by NEA about 3Rs. After the virtual talk and some discussions, showed clearly that the children realized how the importance of 3Rs and will continue to do their part for clean and green environment.



4. SENIOR ACTIVITIY CENTRES (SAC)

A. Redhill Moral Senior Activity Centre @ Block 89 Redhill Close

This Centre was set up in November 1995 and was officially declared open on 26 September 1998 by Mr. Abdullah Tarmugi, then Minister for Community Development

and Speaker of Parliament. Elderly aged 60 and above living in two rental blocks in Redhill Close (Block 89 and 90) were assigned to the centre by MOH/AIC. With effect from 1 April 2022, our assigned boundary was increased from 2 rental blocks to 18 blocks (both rental and purchased flats). The centre welcome elderly from the neighbourhood to join in the active aging programme and activities. As at 31 December 2022, total registered elderly was 370..

B. Moral Seniors Activity Centre (Kaki Bukit) @ Block 544 Bedok North Street 3

This Centre was set up on 18 January 1999 and was officially declared open on 30 July 2000 by Mr. Chew Heng Ching, the former MP for East Coast GRC (Kaki Bukit). Elderly aged 60 and above living in two rental blocks in Bedok North Street 3 (Block 541 and 544) with effect from 1 Apr 2022 from two blocks to 29 blocks. The centre also welcome elderly from the neighbourhood to join in the active aging programme and activities. As at 31 December 2022, total registered elderly are 356.

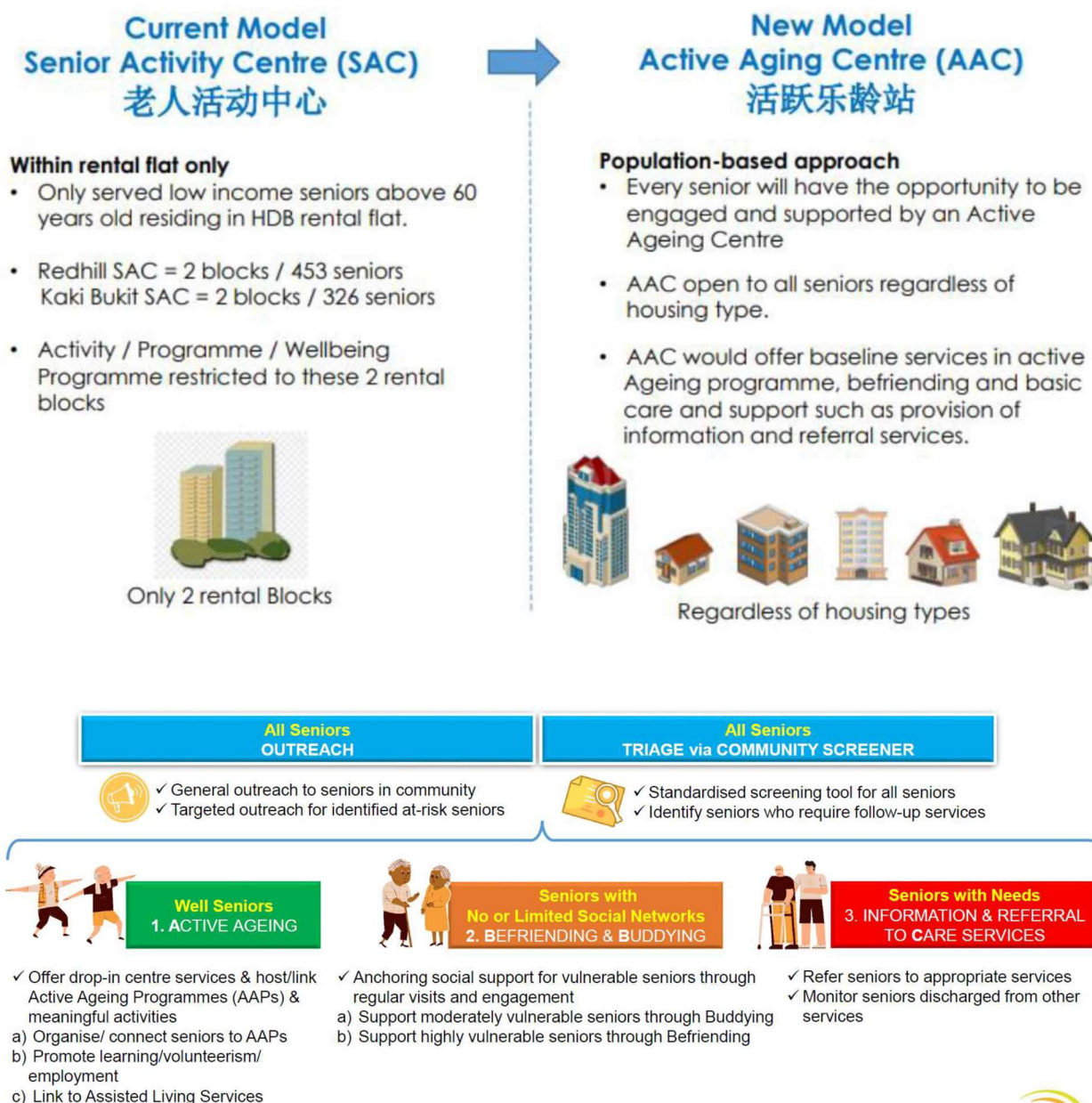
Both centres serve the needs of the elderly residents for the targetted blocks each in their sector, providing social, recreational and welfare services, irrespective of race, color, creed, language or religion.

Other services include:

- Free meals for the needy.
- Keeping a register of elderly persons, forming mutual help groups.
- Managing alert alarm calls system.
- Assist in reading and writing letters.
- Keep-fit exercises and taking the elderly body temperature.
- Arranging game, karaoke and outings (cancelled in 2021).
- Provide financial assistance, if needed.
- Birthday celebration (cancelled in 2021).
- Information and Referral services.

In 2022, the volunteer company Howdyman continued providing repair services to seniors staying in rental flats. Some of the repairs or installations were also undertaken by Jaga who is our regular volunteer handyman. For those repairs involving windows, grills, metal gate, doors, etc. staff helped clients submit such repairs to HDB. Centre staff also helped clients replace their broken electrical appliances and furniture. The replacements are donations via the Pass It On website or from other clients. As per the new AAC model, centre staff also provided clients with referral services to various cluster partners. Additionally, centre staff also helped clients with admin tasks, All this assistance helped improve the general well-being of our clients especially those staying alone and have minimal or no care-giving support.

Conversion to Active Ageing Model



With effect from 1st April 2022, Kaki Bukit SAC converted to the new Active Ageing Centre (AAC) operating model as required by AIC / MOH. Under this new model, the SAC's assigned boundary of care increased from 2 rental blocks to 29 blocks with a target popular on of 2,727 seniors. In Q1 2022, staff of the Charity also attended and passed various training courses that were pre-requisites of the AAC model. Upon start of AAC operations, the staff then focused their efforts on interviewing seniors for the Community Screener (CS) and submitting the results into AIC's Acute Net system. Hence from April to December, staff worked hard

on complexing Community Screener for existing clients and recruiting new clients to meet the target set by AIC. During the months of November and December 2022, staff also worked with partners GoodLife, and Lions Befrienders to transit on their clients living within the boundary over to our membership. Some of these clients then became the SAC' s initial batch of Befriending clients.

5. SERANGOOM MORAL FAMILY SERVICE CENTRE @ Block 238 Serangoon Avenue 2

Serangoon Moral Family Service Centre (SMFSC) was established by Chee Hoon Kog Moral Promotion Society in December 1996. The Centre provides holistic services to strengthen resilience in individuals and families living in the Serangoon community. To create sustainable changes in our community, SMFSC collaborated with stakeholders like the Ministry of Social and Family Development, the National Council of Social Services, Grassroots Organisations and our Serangoon residents.

The range of services include:

A. Casework – Trained social workers help individuals and families to work through their personal, social and emotional challenges.

B. Groupwork – Trained social workers work with participants in a group setting to develop solutions to issues together and to learn from one another.

C. Community Work (Kampong Friends) – Kampong Friends is guided by the Asset Based Community Development (ABCD) approach. It calls for the identifying and mobilising existing but often unrecognized assets for sustainable community development. The objectives are to enhance the social support network of individuals and families, and to build capacity in the local community to respond to the needs of individuals and families.

Casework

The Centre received 745 enquiries and handled 504 caseworks and counselling cases. Tapping on the Straits Times School Pocket Money Fund, 20 beneficiaries received a total of \$10,345.

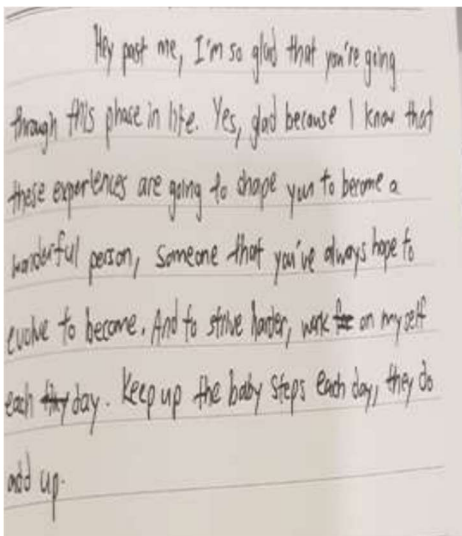
Groupwork

Pitstop: Groupwork to enhance functioning by inculcating healthy self-concept and self-esteem so that the children and adolescents can maximize their strengths, talents and abilities. 8 children from St Gabriel's Primary School completed the school's first Online and Physical hybrid version of Pit Stop with SMFSC.



a. Emerging Adulthood

Groupwork that supports young adult in their transition to adulthood. Group members support each other by discussing their struggles and successes. 6 participants completed their online emerging adulthood with SMFSC.



b. Community Work / Kampong Friends

Founded in 2016, Kampong @ Lim Kopi conducted 56 learning conversations with over 20 volunteers, residents, and community stakeholders. There were 13 community walks from July – Oct 2022 in Lorong Lew Lian. Through these efforts, the year culminated with a neighbourhood music festival which was held on 28 October 2022 – an idea borne out from the residents, for the resident.



c. Kampong Harvest @ SMFSC (Community Garden)

Kampong Harvest is a community garden that aims to connect people in the community and promote physical and social well-being. It extends to being more than just a physical space and allows for the creation of social ties and a feeling of community among the residents. 18 workshops and garden activities were held in 2022 and we launched our first recipe book – contribution of recipes by our residents with ingredients from our community garden.



d. Kampong Friends' Blessings (KFB)

Kampong Friends' Blessings (KFB) was launched on 20 February 2018, and saw an increase in the number of donations in 2022 from Serangoon's community where the average number of monthly donated items is now 164 compared to 130 in 2021.



e. Kampong Kakis

A platform for Friends (both individuals and group volunteers) shared their interests, passions, and skills with the Serangoon community. Some highlights include the year-long academic support for primary school students and activities for primary school children during the school holidays. Academic support by 5 Friends was provided for 5 children in a one-to-one settings.



6. SERANCOON MORAL STUDENT CARE CENTRE @ Block 239 Serangoon Avenue 2

Serangoon Moral Student Care Centre (SMSCC) was established in 1998 to meet the needs of working parents and families. The Centre provides supervised care for students between 7 – 14 years during, before and after school hours, thereby supporting parents who are engaged in full-time employment. The Centre seeks to provide a safe, well-supervised and enjoyable learning environment in which the students develop their potential and cultivate a positive attitude towards their studies and learning.

With over 20 years of experience in the industry, SMSCC prides itself in its emphasis on moral education and character development, as well as a smaller student-teacher ratio. This allows the Centre to provide clients with a more bespoke experience through timely, regular, and personal sharing and feedback.

As of December 2022, the Centre has an enrolment of 34 students. Out of these 34 students, 5 have been granted with Student Care Fees Assistance (SCFA) from the Ministry of Social and Family Development (MSF). While Singapore learns to co-exist with COVID-19 and have eased some of its COVID-19 restrictions, the Centre continues to remain vigilant against COVID-19 through regular and proper disinfection and ventilation to ensure the safety of its staff, students, and their families.

This year, Serangoon Moral Student Care aims to bring back some normality to the children's childhood amidst COVID-19 by introducing more outdoor and socialisation time. During the school holidays, the Centre organised multiple virtual and in-person workshops and tours conducted by both student volunteers from Nanyang Junior College, as well as professionals such as National Heritage Board (NHB) and MoneyWhizz. Keeping the finances of parents in mind, some of these programmes that the Centre had sourced were provided by the organisers either at a subsidised rate or at no charge.





7. OTHER SERVICES

Chee Hoon Kog also provides emergency relief funds and donation to the poor in terms of cash and in kind, free burial service is provided to the poor and those without next of kin.

Each year students with merit year end results will be given an achievement award

OUR WORK : SOCIETY ACTIVITIES

1. Lunar New Year

The Lunar New Year gathering, originally scheduled for Sunday, 5th February 2022, has also been temporarily cancelled due to the severe outbreak of the Covid-19 situation.

2. Celebration of Holy Days

Some members celebrated the following Sacred Birthdays:

Guan Ping Shao Di	11 June 2022
Xuan Min Gao Shang Di (Jade Emperor)	22 July 2022
He Ye Yun Xian Shi (on the same day CHK MPS celebrated its Kog's 69 th Anniversary)	10 September 2022

3. Transference of Merits

On 29 July 2021, the Kog celebrated "Zhong Yuan Jie" (7th Moon Festival). About 30 participants joined in the prayers and blessings for the transference of merits to all departed souls to be transmigrated to Heaven.

4. Other Services

The following were suspended due to Covid-19 restriction:

- a. Free Medical Services
- b. Chanting Service
- c. Calligraphy Class

FUTURE PLANS AND COMMITMENTS : THE YEAR AHEAD

Moral Home for the Aged Sick's completion of the expansion for the addition of capacity beds will be expected to be in the 3rd Quarter 2023 by an increase beds from 120 to 235.

As part of SMFSC strategic review, Kampong Harvest Team will be looking into restructuring the garden in collaboration with the residents in 2023. To work in collaboration with other community stakeholders for good practices and to raise awareness of KH to increase the membership.

Kampong Friends' Blessing team aims to promote autonomy for client with their food/items collection through the community shop experience. In order to achieve this, the team will work to increase KFB's publicity efforts in marketing KFB with hopes of increasing KFB's donors and residents and identify an inventory management system to manage its stock data. The team will also work with residents and empower them to take more ownership in programme planning.

ACKNOWLEDGEMENT

We would like to put on record our acknowledgment and appreciation for the continued support of the programme and activities carried out by CHKMPS and its subsidiaries from government agencies, our partners, volunteers, donors, grassroots leaders, schools, and many individuals.

Cash received from donors and devotees were acknowledged and recorded accordingly.